

## BRAIN DUMP for kids



Brain Dump = putting your thoughts & feelings on paper

Why?

\*Fun!

\*Organize thoughts

\*Get your feelings out

\*Discover new ideas

How To:
with pencil & paper,
draw
doodle
write

NO WORRIES ABOUT SPELLING OR PUNCTUATION-JUST GET IT OUT!

Let's Practice! Close your eyes for 30 seconds. Let your thoughts go...now BRAIN DUMP!